

# Quarterly Newsletter

April to June  
2010



**Belvedere  
Care Centre**

[www.belvederebc.com](http://www.belvederebc.com)



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Preparations for Accreditation continue as our survey dates are quickly approaching. The Surveyors are scheduled to be at Belvedere Care Centre on April 26, 2010 and the afternoon of April 27, 2010.

The two Surveyors will be at Cherington Place on April 27, 2010 in the morning and one at each facility in the afternoon. They will meet with us on April 28, 2010 to advise us of our successes.

The Surveyors may have a conversation with Families who are visiting during the above times.

We are confident that we meet and in some areas exceed established standards and are proud of our staff and business practices.

Thank you for your support and participation in the care of your



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# What's going on at...



## Activities Highlights for April, May & June 2010

For a complete list of Activities please check the activities calendar.

April 12	Easter Bonnet Social with John
May 19	Evening Dance with the Notables Band
June 14	Day trip to Vineyard Winery



**Belvedere**  
Care Centre

## Activities Highlights for April, May & June 2010

For a complete list of Activities please check the activities calendar.

April 16	BBQ Bistro Lunch
May 17	Bus Outing to Rocky Point Park
June 14	Glenayre Fiddle Group Show



Residences at  
**Belvedere**

## Activities Highlights for April, May & June 2010

For a complete list of Activities please check the activities calendar.

April 22	Inservice with Lee Valley Gardening on "Herb Gardening"
May 15	Day Trip to Bucharth Gardens, Victoria
June 19	Father's Day Breakfast Feast

## ROSES AND THORNS

The Management and Staff of Belvedere Seniors Living welcomes and appreciates your complaints/ commendations and concerns.

Suggestion boxes with forms are provided at each of our sites:

Belvedere Care Centre—the box is located at the Reception desk  
Cherington Place—the box is located at the Main Floor Nursing station  
Residences at Belvedere— the box is located adjacent to the Administration offices

Please feel free to pick up a form, fill it out and drop it in the box



# Renovation Update...



## CHERINGTON PLACE

We are so pleased to announce that the long awaited renovations commenced on March 10, 2010. As of April 9, 2010, nine rooms will be completed. The new windows in the dining room on Main Floor have made a significant difference.

The next rooms to receive a "facelift" will be 10, 11 & 12. We appreciate the cooperation the residents when they are required to re-locate while their room is renovated.

Expansion of the east deck, to make it more comfortable, for the "smokers" is also taking place at this time.

The front door now has an automatic opener to facilitate the independence of residents especially those in wheelchairs.

A big THANK YOU to residents, families and staff for your patience, cooperation and positive attitude during this renovation project.

We will keep you informed regarding the progress of the renovations and if you have any questions or concerns, please contact Dave Stott, Resident Services Manager at 604-581-2885 or Annamae Clarke at 604-939-5991.



Thank you

## EVER WONDER.....

Why does the sun lighten our hair, but darken our skin?

Why don't you ever see the headline "Psychic Wins Lottery"?

Why Sheep don't shrink when it rains?

Why does the Easter Bunny carry eggs?  
Rabbits don't lay eggs !!



Why do we say "Heads Up"!  
when we actually duck! ?





# This and that...

## CHOICES

At Belvedere Care Centre our Mission to provide **Care with Respect** will come to life when we partner with Residents, Staff, Families and the Community through the following CHOICES. It is the responsibility of everyone to make the choice every day to honour these values.

### CARING

*Valuing a culture of compassion, nurturing, mutual respect and dignity.*

### HOLISTIC

*Promoting wellness of mind, body and spirit for a healthy lifestyle.*

### OPPORTUNITY

*Providing opportunity for personal growth, self determination and informed decision making.*

### INTEGRITY

*Honoring our commitments.*

### COMMUNITY

*Contributing to the diverse communities that we are a part of and celebrating what we have in common.*

### EFFECTIVENESS

*Optimizing use of resources to achieve the best outcomes.*

## MEMORIES

Who says my mind has gone away  
I see my youth there everyday  
I replay my life where none can go  
I meet the friends who've had to go

So don't tell me I'm getting old  
And now must do just what I'm told  
I laugh and play inside my head  
And wander paths that once I tread

So when it seems I am not there  
It's just a thought I cannot share  
Please be patient with me when I'm slow  
I might be somewhere else you know

I hope you too can store away  
The memories of what we share  
Then in the late days of your time  
You can recall as I do mine

*Bob McMillan 1999-2009*

## Blossoms of the Month

**April—The Daisy**  
symbolizes cheerfulness,  
loveliness, optimism and  
abundance



**May— The Lily—symbolizes**  
sweetness, return to happiness



**June— The Rose— symbolizes**  
love, courage, grace, purity and  
friendship

